

**Refuge**



For women and children.  
Against domestic violence.

# I'M FUNDRAISING FOR REFUGE BY:

.....  
Helping more women and children to escape domestic abuse

## MY FUNDRAISING TARGET IS:

**£**

.....  
Please donate at: [www.refuge.org.uk](http://www.refuge.org.uk)

**THANK YOU!**

24 Hour National Domestic Abuse Helpline  
**CALL FREE 0808 2000 247**

Live chat Mon-Fri 15.00-22.00,  
[nationaldahelpline.org.uk](http://nationaldahelpline.org.uk)

[www.refuge.org.uk](http://www.refuge.org.uk)